



RESPECT | INSPIRE | SUPPORT | EMPOWER

# Creating Safety

*A Domestic Violence Support Group for Women*

Group therapy – free or by donation

This weekly group is for adult women with a focus on healing trauma from violence in relationships including physical, emotional, verbal, or financial abuse and on creating healthy relationships.

Facilitated by –

Cindy Monterrosa

805-226-5400 ext. 211

[cmonterrosa@RISEslo.org](mailto:cmonterrosa@RISEslo.org)

**Mondays, 2 pm**

**1030 Vine Street  
Paso Robles**

**Please call 805-226-5400  
Mon-Fri 8 am - 5 pm  
for additional information  
or to request a referral to  
individual counseling services.**

MFT intern/trainee supervision by  
Theresa A. Mortilla, LMFT #39645  
805-226-5400 ext. 207  
[tmortilla@RISEslo.org](mailto:tmortilla@RISEslo.org)

**TOLL-FREE 24-HOUR CRISIS LINE:**

Línea telefónica para crisis, gratis y disponible 24 horas al día

**855-886-RISE (7473)**

**[RISEslo.org](http://RISEslo.org)**